

Name : 2021 Canadian Senior Championships
 Site : Virtual
 Date : 2021-07-09 to 2021-07-11

City :
 Organizer : Ontario Weightlifting Association

Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch				Clean&Jerk				Total
							1	2	3	Max	1	2	3	Max	
108	Patel	Ruchit	M 55	55.00	Quebec	2000	80	85	90	90	105	110	113	113	203
105	Simard	Youri	M 67	63.70	Quebec	2001	107	111	115	115	137	141	145	145	260
70	Caouette	Maxime	M 67	67.00	Quebec	1998	110	(115)	(115)	110	130	135	(140)	135	245
112	Chicoine	Thierry	M 67	65.25	Quebec	1995	(109)	109	113	113	124	128	(131)	128	241
48	Sharaf Eldin	Feras	M 67	67.00	Ontario	2003	102	106	(108)	106	131	(132)	(136)	131	237
54	Ibanez	Brayan	M 67	67.00	Quebec	2006	100	105	(108)	105	115	-	-	115	220
92	Rose	Jean-Frédéric	M 67	66.35	Quebec	1999	95	(100)	(100)	95	112	116	120	120	215
90	Darsigny	Matt	M 73	70.40	Quebec	2001	120	123	125	125	148	152	155	155	280
68	Guérin	Edouard	M 73	72.00	Quebec	1996	118	(122)	122	122	150	156	(159)	156	278
120	Whiteman	James	M 73	72.60	Nova Scotia	1994	115	(118)	118	118	(147)	147	(155)	147	265
88	Taylor	Kody	M 73	72.30	Ontario	1991	112	116	(118)	116	133	137	(141)	137	253
118	Liao	Andy	M 73	70.70	British Columbia	1993	105	(109)	(111)	105	135	(140)	(140)	135	240
72	Vaillancourt	Simon	M 73	72.95	Quebec	2001	97	102	(105)	102	125	130	(133)	130	232
93	Louttit	Zack	M 73	72.20	Manitoba	2001	93	97	101	101	120	125	(130)	125	226
18	Sediqi	Elias	M 73	72.80	British Columbia	1998	(115)	(116)	(116)	-	140	(145)	(145)	140	-
113	Guertin	Samuel	M 81	79.75	Quebec	2000	128	133	(137)	133	165	(172)	(175)	165	298
117	Darsigny	Shad	M 81	78.10	Quebec	2003	(128)	128	131	131	155	160	162	162	293
28	Longo	Frank	M 81	80.05	Ontario	1984	124	128	130	130	152	157	162	162	292
11	Patault	Quentin	M 81	80.50	Quebec	1992	112	116	118	118	142	(148)	150	150	268
34	Kam	Richard	M 81	81.00	British Columbia	1986	110	(115)	115	115	(143)	148	(154)	148	263
31	Gerchikov	Maxim	M 81	79.80	Alberta	1988	107	111	(116)	111	142	147	(152)	147	258
103	V.-Côté	Samuel	M 81	80.75	Quebec	1991	113	(117)	(120)	113	140	145	(150)	145	258
107	Mori	Mathieu	M 81	81.00	Ontario	1989	110	114	117	117	(137)	138	(143)	138	255
16	Steeves	Cody	M 81	80.25	New Brunswick	1995	112	115	(118)	115	135	140	(143)	140	255
65	Brown	McKay	M 81	79.60	Saskatchewan	2000	115	(120)	(120)	115	126	132	(138)	132	247
30	Wu	Pat	M 81	81.00	British Columbia	1996	105	110	(115)	110	130	135	(140)	135	245
41	Vachon	Nicolas	M 81	80.80	Quebec	1996	140	145	(148)	145	(180)	(180)	(180)	-	-
82	Bellemarre	Alex	M 89	86.45	Quebec	1998	145	150	(155)	150	173	177	(180)	177	327
32	Kennedy	Braydon	M 89	89.00	British Columbia	1996	145	(150)	(150)	145	170	175	(178)	175	320
66	Dagenais	Gabriel	M 89	88.65	Quebec	1997	(137)	137	(140)	137	165	170	175	175	312
50	Santavy	Bradyn	M 89	84.60	Ontario	2003	125	130	(133)	130	160	165	-	165	295
10	Gravel	Étienne	M 89	89.00	Quebec	1999	120	123	127	127	160	165	168	168	295
69	Bardier	Maxime	M 89	87.90	Quebec	1997	130	134	(137)	134	160	(164)	-	160	294

Competition Information

55	Dhaliwal	Randhir	M 89	88.90	British Columbia	1990	123	(129)	130	130	(154)	154	158	158	288
94	Wentzell	Jordan	M 89	88.30	Nova Scotia	1995	124	128	132	132	(156)	156	(161)	156	288
81	Melnyk	Kalin	M 89	88.00	Alberta	2000	126	(130)	130	130	152	(156)	(156)	152	282
27	Gravel	Charles	M 89	87.85	Quebec	1999	117	121	(125)	121	156	160	(164)	160	281
2	Hunter	Wyatt	M 89	85.70	British Columbia	1999	115	120	(125)	120	148	(154)	156	156	276
47	Urquhart	Colin	M 89	87.90	Alberta	1994	110	115	120	120	145	153	(160)	153	273
51	Luck	Mitchell	M 89	88.60	Alberta	1996	110	(115)	115	115	145	150	153	153	268
114	Kirkup	Jack	M 89	87.10	Manitoba	1999	110	(115)	115	115	150	(160)	(160)	150	265
79	Munro	Nicolas	M 89	89.00	Ontario	1998	110	115	(120)	115	148	(153)	(155)	148	263
78	Dinh	Anthony	M 89	87.30	British Columbia	1995	107	(110)	110	110	(143)	146	152	152	262
116	Pridham	Tyler	M 89	88.40	Alberta	1987	(114)	114	(117)	114	(147)	(147)	147	147	261
56	Sutherland	Chris	M 89	86.53	Alberta	2001	(111)	111	(118)	111	135	(144)	144	144	255
99	Santavy	Noah	M 96	95.20	Ontario	1998	146	151	155	155	180	186	(190)	186	341
29	Blanchet	Jean-Christophe	M 96	95.60	Quebec	1998	135	138	(141)	138	166	170	175	175	313
44	Pretty	Andrew	M 96	94.45	Alberta	1992	(132)	132	(139)	132	162	165	(170)	165	297
100	Espinoza	Samuel	M 96	95.05	Quebec	1994	(127)	127	(133)	127	161	(165)	(166)	161	288
23	Singh	Haroop	M 96	93.40	British Columbia	1995	(115)	(115)	115	115	(145)	145	155	155	270
14	Caza	Gilles	M 96	95.60	Quebec	1997	(120)	120	-	120	150	(160)	-	150	270
40	Dubuc	Jocelyn	M 96	95.85	Quebec	1996	(122)	(122)	(122)	-	145	150	(155)	150	-
71	Davidson	Richard	M 102	102.00	Ontario	1994	139	144	(147)	144	178	187	195	195	339
45	Besette	P.-Alexandre	M 102	99.60	Quebec	1999	150	155	158	158	(180)	(180)	180	180	338
17	Quran	Rashed	M 102	101.10	British Columbia	1998	145	150	(155)	150	175	(180)	(180)	175	325
39	Viens	Nicolas	M 102	101.10	Quebec	1994	(140)	(140)	140	140	175	(179)	(183)	175	315
20	Cathcart-McKinnon	Aaron	M 102	101.50	Ontario	1997	128	133	(140)	133	155	161	(166)	161	294
73	Amédé	Sacha	M 102	101.10	New Brunswick	1975	118	(123)	126	126	146	151	156	156	282
0	MillerTestdontDelete	miketestDontdelete	M 102	102.00	Giant	1978	100	101	102	102	130			130	232
106	Grieve	Thomas	M 109	105.70	British Columbia	1995	130	135	138	138	160	(165)	168	168	306
5	Meidl	Ryan	M 109	108.50	Alberta	1987	(135)	(135)	135	135	165	(175)	(175)	165	300
110	Campbell	Jesse	M 109	108.30	British Columbia	1993	(115)	(115)	115	115	150	(155)	(155)	150	265
33	Such	Diego	M 109	104.60	British Columbia	2000	(111)	111	115	115	141	(146)	146	146	261
15	Everett	Quinn	M >109	145.20	Nova Scotia	1992	155	160	(165)	160	(191)	191	(203)	191	351
25	Bencsik	Mike	M >109	143.30	British Columbia	1989	135	(140)	140	140	185	190	195	195	335
115	Von Muehldorfer	Max	M >109	129.70	Alberta	2003	(130)	130	135	135	(170)	(175)	175	175	310
53	Baron-Morasse	Robin	M >109	165.50	Quebec	1996	128	133	137	137	168	(172)	172	172	309

98	Brown	Isabella	F 49	48.65	Saskatchewan	2003	(63)	63	66	66	73	(76)	(79)	73	139
76	Gendron	Marie-Pier	F 49	49.00	Quebec	2000	(66)	(66)	(66)	-	-	-	-	-	-
6	Johnson	Haylee	F 55	54.85	Alberta	1998	75	78	(81)	78	98	101	(104)	101	179

Competition Information

97	Simoneau	Charlotte	F 55	55.00	Quebec	2005	70	74	(76)	74	89	92	94	94	168
59	McGregor	Taylor	F 55	55.00	New Brunswick	1994	71	(74)	(74)	71	90	93	(95)	93	164
87	Chouinard	Marie-Helen	F 55	54.30	Quebec	1995	(68)	68	71	71	88	91	(94)	91	162
119	Lambert-Thomson	Erin	F 55	54.40	Ontario	1985	64	(66)	66	66	90	(95)	(99)	90	156
9	Molnar	Leila	F 55	54.20	Quebec	1992	(67)	(67)	68	68	80	83	85	85	153
86	Perkins	Jada	F 55	53.80	Alberta	1998	67	(70)	(70)	67	81	84	(88)	84	151
49	Le	Kathryn	F 55	55.00	Saskatchewan	1992	61	64	(67)	64	78	(81)	(84)	78	142
19	Knowlton	Monica	F 59	57.80	Ontario	1998	73	(77)	77	77	100	104	(108)	104	181
13	Gula	Hannah	F 59	58.10	Ontario	1998	(77)	77	80	80	93	97	(100)	97	177
80	Athans	Zoe	F 59	58.30	British Columbia	1994	73	77	(80)	77	(93)	97	(100)	97	174
21	Gallant	Josée	F 59	56.90	Nova Scotia	1992	75	(79)	(79)	75	94	(98)	98	98	173
26	Bespalova	Polina	F 59	57.20	Alberta	2000	77	79	(81)	79	91	(93)	(94)	91	170
104	Maxwell	Jaclyn	F 59	59.00	Ontario	1991	73	76	(80)	76	91	(94)	94	94	170
96	Shanahan	Kalie	F 59	58.00	Ontario	1987	68	71	74	74	92	96	(100)	96	170
42	Shepard	Kayla	F 59	58.20	British Columbia	1998	70	73	(75)	73	91	94	(96)	94	167
36	Bonneau	Marie-Pier	F 59	57.30	Quebec	1999	(72)	(72)	72	72	91	(93)	93	93	165
4	Guerrero	Abigael	F 59	56.90	Quebec	1978	67	70	72	72	80	82	84	84	156
102	Laudi	Kara	F 59	58.10	British Columbia	1992	55	-	-	55	-	-	-	-	-
101	Charron	Maude	F 64	63.80	Quebec	1993	90	93	96	96	110	115	120	120	216
67	Siemens	Rachel	F 64	63.95	British Columbia	1989	85	(87)	87	87	107	110	(113)	110	197
43	Bourque	Ly-Anne	F 64	61.85	Quebec	1997	75	(78)	78	78	100	103	(105)	103	181
74	Thompson	Abra	F 64	61.55	Saskatchewan	1989	70	(73)	73	73	88	93	(97)	93	166
57	Ngo	Maureen	F 64	63.20	British Columbia	2000	63	65	(67)	65	83	86	89	89	154
109	Messier	Andréanne	F 71	71.00	Quebec	1999	(93)	93	96	96	113	(116)	(116)	113	209
77	Bedward	Shania	F 71	70.90	Ontario	1996	86	90	94	94	105	111	(116)	111	205
8	Burke	Nadia	F 71	68.20	Alberta	1992	84	87	90	90	110	114	(117)	114	204
62	Bauche	Kayla	F 71	70.90	British Columbia	1989	81	84	87	87	100	104	108	108	195
84	Kohlman	Shandler	F 71	69.90	Alberta	1995	82	86	(90)	86	102	106	(110)	106	192
89	Ashworth	Alexis	F 71	69.80	Saskatchewan	1999	74	78	82	82	106	110	(115)	110	192
38	McMonagle	Gina	F 71	69.30	Alberta	2000	84	86	(88)	86	105	(108)	(108)	105	191
46	Roux	Magalie	F 71	70.50	Quebec	1999	78	81	(84)	81	98	102	(106)	102	183
61	Santavy	Alana	F 71	67.70	Ontario	2003	75	79	(82)	79	96	(100)	100	100	179
12	Billen	Jeenat	F 71	71.00	British Columbia	2001	78	80	(83)	80	93	(98)	98	98	178
83	Lusignan	Naomie	F 71	68.60	Ontario	2005	73	(76)	77	77	88	93	97	97	174
95	Ko	Sharon	F 71	69.30	British Columbia	1984	71	73	76	76	93	95	98	98	174
24	Thompson	Amanda	F 71	70.70	Nova Scotia	1989	74	(77)	77	77	(95)	95	(98)	95	172
58	Privé	Sabrina	F 71	68.50	Quebec	1995	70	75	78	78	90	(93)	(95)	90	168
63	Whiting	Amanda	F 71	68.10	British Columbia	1984	67	(70)	71	71	91	94	97	97	168

Competition Information

64	Strom	Kelly	F 71	69.90	British Columbia	1994	71	(73)	73	73	86	(89)	(89)	86	159
37	Kuschmierz	Laura	F 71	71.00	Alberta	1992	65	68	(71)	68	85	(90)	90	90	158
85	Ewen-Holdom	Terilyn	F 71	64.90	British Columbia	2001	(71)	(71)	71	71	(86)	86	(90)	86	157
35	Lenzen	Nikki	F 71	70.70	British Columbia	1994	66	(69)	(69)	66	85	(89)	(89)	85	151
91	De Lorimier Stanford	Léa	F 71	69.90	Quebec	1995	65	68	(71)	68	(87)	(88)	(88)	-	-
7	Ngarlem	Kristel	F 81	77.90	Quebec	1995	93	(96)	97	97	120	124	(128)	124	221
52	Dumas	Rosalie	F 81	79.90	Quebec	1992	93	96	(98)	96	113	(120)	(121)	113	209
22	Col	Christine	F 81	80.70	British Columbia	1990	75	(78)	(80)	75	93	(96)	96	96	171
60	Rolleman	Hannah	F 81	76.70	Ontario	2001	68	72	(76)	72	88	94	(97)	94	166
3	Friesen	Emma	F >87	103.90	Alberta	2002	94	98	(101)	98	115	120	(123)	120	218
75	Michaud	Anaïs	F >87	114.60	Quebec	2001	84	(87)	87	87	103	107	110	110	197

Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch						Clean&Jerk						Total					
							1	2	3	Max	Yth	Jr	Sr	1	2	3	Max	Yth	Jr	Sr	Total	Yth	Jr	Sr
98	Brown	Isabella	F 49	48.65	Saskatchewan	2003	(63)	63	66	66		1	1	73	(76)	(79)	73		1	1	139		1	1
76	Gendron	Marie-Pier	F 49	49.00	Quebec	2000	(66)	(66)	(66)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
6	Johnson	Haylee	F 55	54.85	Alberta	1998	75	78	(81)	78			1	98	101	(104)	101			1	179			1
97	Simoneau	Charlotte	F 55	55.00	Quebec	2005	70	74	(76)	74	1	1	2	89	92	94	94	1	1	2	168	1	1	2
59	McGregor	Taylor	F 55	55.00	New Brunswick	1994	71	(74)	(74)	71			3	90	93	(95)	93			3	164			3
87	Chouinard	Marie-Helen	F 55	54.30	Quebec	1995	(68)	68	71	71			4	88	91	(94)	91			4	162			4
119	Lambert-Thomson	Erin	F 55	54.40	Ontario	1985	64	(66)	66	66			7	90	(95)	(99)	90			5	156			5
9	Molnar	Leila	F 55	54.20	Quebec	1992	(67)	(67)	68	68	5	5	5	80	83	85	85	-	-	6	153	-	-	6
86	Perkins	Jada	F 55	53.80	Alberta	1998	67	(70)	(70)	67			6	81	84	(88)	84			7	151			7
49	Le	Kathryn	F 55	55.00	Saskatchewan	1992	61	64	(67)	64	8	8	8	78	(81)	(84)	78	-	-	8	142	-	-	8
19	Knowlton	Monica	F 59	57.80	Ontario	1998	73	(77)	77	77			4	100	104	(108)	104			1	181			1
13	Gula	Hannah	F 59	58.10	Ontario	1998	(77)	77	80	80			1	93	97	(100)	97			4	177			2
80	Athans	Zoe	F 59	58.30	British Columbia	1994	73	77	(80)	77			3	(93)	97	(100)	97			3	174			3
21	Gallant	Josée	F 59	56.90	Nova Scotia	1992	75	(79)	(79)	75			6	94	(98)	98	98			2	173			4
26	Bespalova	Polina	F 59	57.20	Alberta	2000	77	79	(81)	79			2	91	(93)	(94)	91			9	170			5
104	Maxwell	Jaclyn	F 59	59.00	Ontario	1991	73	76	(80)	76			5	91	(94)	94	94			7	170			6
96	Shanahan	Kalie	F 59	58.00	Ontario	1987	68	71	74	74			7	92	96	(100)	96			5	170			7
42	Shepard	Kayla	F 59	58.20	British Columbia	1998	70	73	(75)	73			8	91	94	(96)	94			6	167			8
36	Bonneau	Marie-Pier	F 59	57.30	Quebec	1999	(72)	(72)	72	72	-	-	10	91	(93)	93	93	-	-	8	165	-	-	9
4	Guerrero	Abigael	F 59	56.90	Quebec	1978	67	70	72	72			9	80	82	84	84			10	156			10
102	Laudi	Kara	F 59	58.10	British Columbia	1992	55	-	-	55	1	1	11	-	-	-	-	-	-	-	-	-	-	-
101	Charron	Maude	F 64	63.80	Quebec	1993	90	93	96	96	1	1	1	110	115	120	120	-	-	1	216	-	-	1
67	Siemens	Rachel	F 64	63.95	British Columbia	1989	85	(87)	87	87	2	2	2	107	110	(113)	110	1	1	2	197	1	1	2
43	Bourque	Ly-Anne	F 64	61.85	Quebec	1997	75	(78)	78	78			3	100	103	(105)	103			3	181			3
74	Thompson	Abra	F 64	61.55	Saskatchewan	1989	70	(73)	73	73			4	88	93	(97)	93			4	166			4
57	Ngo	Maureen	F 64	63.20	British Columbia	2000	63	65	(67)	65	1	1	5	83	86	89	89	-	-	5	154	-	-	5
109	Messier	Andréanne	F 71	71.00	Quebec	1999	(93)	93	96	96			1	113	(116)	(116)	113			2	209			1
77	Bedward	Shania	F 71	70.90	Ontario	1996	86	90	94	94			2	105	111	(116)	111			3	205			2
8	Burke	Nadia	F 71	68.20	Alberta	1992	84	87	90	90			3	110	114	(117)	114			1	204			3
62	Bauche	Kayla	F 71	70.90	British Columbia	1989	81	84	87	87			4	100	104	108	108			5	195			4
84	Kohlman	Shandler	F 71	69.90	Alberta	1995	82	86	(90)	86	-	-	5	102	106	(110)	106	-	-	6	192	-	-	5
89	Ashworth	Alexis	F 71	69.80	Saskatchewan	1999	74	78	82	82			7	106	110	(115)	110			4	192			6
38	McMonagle	Gina	F 71	69.30	Alberta	2000	84	86	(88)	86			6	105	(108)	(108)	105			7	191			7
46	Roux	Magalie	F 71	70.50	Quebec	1999	78	81	(84)	81			8	98	102	(106)	102			8	183			8
61	Santavy	Alana	F 71	67.70	Ontario	2003	75	79	(82)	79	-	2	10	96	(100)	100	100	-	1	9	179	-	1	9
12	Billen	Jeenat	F 71	71.00	British Columbia	2001	78	80	(83)	80		1	9	93	(98)	98	98		2	11	178		2	10
83	Lusignan	Naomie	F 71	68.60	Ontario	2005	73	(76)	77	77	1	3	12	88	93	97	97	1	3	12	174	1	3	11
95	Ko	Sharon	F 71	69.30	British Columbia	1984	71	73	76	76			14	93	95	98	98			10	174			12
24	Thompson	Amanda	F 71	70.70	Nova Scotia	1989	74	(77)	77	77	2	2	13	(95)	95	(98)	95	-	-	14	172	-	-	13
58	Privé	Sabrina	F 71	68.50	Quebec	1995	70	75	78	78			11	90	(93)	(95)	90			15	168			14

Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch						Clean&Jerk						Total					
							1	2	3	Max	Yth	Jr	Sr	1	2	3	Max	Yth	Jr	Sr	Total	Yth	Jr	Sr
63	Whiting	Amanda	F 71	68.10	British Columbia	1984	67	(70)	71	71			16	91	94	97	97			13	168			15
64	Strom	Kelly	F 71	69.90	British Columbia	1994	71	(73)	73	73			15	86	(89)	(89)	86			17	159			16
37	Kuschmierz	Laura	F 71	71.00	Alberta	1992	65	68	(71)	68	-	-	18	85	(90)	90	90	-	-	16	158	-	-	17
85	Ewen-Holdom	Terilyn	F 71	64.90	British Columbia	2001	(71)	(71)	71	71		4	17	(86)	86	(90)	86		4	18	157		4	18
35	Lenzen	Nikki	F 71	70.70	British Columbia	1994	66	(69)	(69)	66	4	4	20	85	(89)	(89)	85	-	-	19	151	-	-	19
91	De Lorimier Stanford	Léa	F 71	69.90	Quebec	1995	65	68	(71)	68			19	(87)	(88)	(88)	-		-	-	150			-
7	Ngarlem	Kristel	F 81	77.90	Quebec	1995	93	(96)	97	97			1	120	124	(128)	124			1	221			1
52	Dumas	Rosalie	F 81	79.90	Quebec	1992	93	96	(98)	96			2	113	(120)	(121)	113			2	209			2
22	Col	Christine	F 81	80.70	British Columbia	1990	75	(78)	(80)	75			3	93	(96)	96	96			3	171			3
60	Rolleman	Hannah	F 81	76.70	Ontario	2001	68	72	(76)	72	-	1	4	88	94	(97)	94	-	1	4	166	-	1	4
3	Friesen	Emma	F >87	103.90	Alberta	2002	94	98	(101)	98		1	1	115	120	(123)	120		1	1	218		1	1
75	Michaud	Anaïs	F >87	114.60	Quebec	2001	84	(87)	87	87		2	2	103	107	110	110		2	2	197		2	2