



ALBERTA WEIGHTLIFTING ASSOCIATION  
 AWA Monthly Executive Meetings  
 Date of Meeting: Sunday, November 5, 2023

<b>2023-24 AWA Executive</b>		
President	Alana Yim	<input checked="" type="checkbox"/> Attendance
VP Technical	Jordan Browne	<input checked="" type="checkbox"/> Attendance
VP Admin	Austin Van Dam	<input checked="" type="checkbox"/> Attendance
Treasurer	Allison Sullivan	<input checked="" type="checkbox"/> Attendance
Secretary	Haylee Johnson	<input checked="" type="checkbox"/> Attendance
Registrar	Michel Tao	<input checked="" type="checkbox"/> Attendance
General Executive	Vacant	<input type="checkbox"/> Attendance

**AGENDA**

1. Welcome
2. Standing Monthly Agenda Items (as needed)
  - a. Approval of meeting minutes the previous Executive Mtg
  - b. Governance
  - c. Financial Items
  - d. Committee Status Updates
  - e. Fund Development Initiatives
  - f. Competition Calendar
  - g. Website Updates
3. 2023 Westerns Championships
4. For Discussion: Training Camps
5. Roundtable
6. Adjournment

**MEETING MINUTES**

Agenda Item	Meeting Minutes
-------------	-----------------

Standing Monthly  
Agenda Items (as  
needed)

- Approval of meeting minutes from the last Executive Mtg

#### **Governance**

- Development of AWA Athlete Funding Policy - identified need
- Con't discussion re: updating Club Affiliation Policy to formalize the benefits and responsibilities of affiliated clubs
- Sport Law has been retained to conduct a review and update of our bylaws, as well as acquire a back search for our AWA articles that has been an outstanding corporate record keeping task

#### **Financials**

- 2023/24 operating budget
- WCH AGM member fee increase implication to AWA's overall budget expenses is currently a potential impact of upwards of \$4500. Alana will be addressing this item with WCH in near future as to the process in which this decision was made.

**COMMITTEE UPDATES:** brief updates from respective AWA Executive Sponsors

#### **NCCP Committee**

- Con't discussion on format and pricing structure
- AWA currently collecting names of interested individuals and in process of selecting a date for an AWA-hosted NCCP Comp Intro Course this season - date to be announced

#### **Coach Committee**

- No updates

#### **TO Committee**

- Nov 12 TO4 Virtual Clinic

#### **Fund Development Initiatives**

- AWA Casino on Nov 25-26 - still need 9, plus count room 6 on each day. 21 shifts (bank of hotel rooms reserved for under Austin)
- 50/50 Raffle - for nationals / to be launched during Q1

#### **Competition Calendar**

- AWA Club Host Competition Expression of Interest Guideline
  - Standardizing 3 provincial champs: competition regulation to be provided by AWA and provided to members in Q1 2024 in advance of the May deadline for

	<p>EOIs. Rationale for this includes: create a level of standardization to ensure quality of competition: weight classes competing with each other, choosing desired level of competition, preventing decisions that do not align with competitions of a provincial level calibre</p> <ul style="list-style-type: none"> <li>○ President will table this for awareness at AWA's next virtual town hall on January 14, 2024</li> <li>● AWA Jr Provincials on Dec 2 - as of Nov 5, 2023 - 43 registered</li> <li>● Method Winter Open on 16 - as of Nov 5, 2023 - 24 registered</li> </ul> <p><b>Website Updates</b></p> <ul style="list-style-type: none"> <li>● Looking to provide bio and picture of each member on the Exec board</li> </ul>
2023 WCWC	<p><b>Western Canadian Championships (Nov 25, 2023)</b></p> <ul style="list-style-type: none"> <li>● Team Alberta submission completed by Team Leader</li> <li>● Waiting for start list</li> <li>● Confirmation of funded TO's</li> </ul>
For Discussion: Training Camps	<p>Status Update: Two-Day Interprovincial Junior Training Camp (May 4-5, 2024)</p> <ul style="list-style-type: none"> <li>● VP Techs of AWA and SWA finalizing training session framework before briefing target Coaches</li> <li>● Alana and Angela - completing joint camp waivers</li> </ul>
Roundtable	No further notes
Adjournment	Meeting adjourned.