



ALBERTA WEIGHTLIFTING ASSOCIATION

AWA Monthly Executive Meetings

Date of Meeting: Sunday, September 3, 2023

(note: this meeting was conducted electronically due to Labour Day long weekend)

2023-24 AWA Executive		
President	Alana Yim	<input checked="" type="checkbox"/> Attendance
VP Technical	Andrew Pretty	<input checked="" type="checkbox"/> Attendance
VP Admin	Austin Van Dam	<input checked="" type="checkbox"/> Attendance
Treasurer	Allison Sullivan	<input checked="" type="checkbox"/> Attendance
Secretary	Hayley Johnson	<input checked="" type="checkbox"/> Attendance
Registrar	Michel Tao	<input checked="" type="checkbox"/> Attendance
General Executive	Jordan Browne	<input checked="" type="checkbox"/> Attendance

AGENDA

1. Welcome
2. Standing Monthly Agenda Items
 - a. Approval of meeting minutes the previous Executive Mtg
 - b. Committee Status Updates: brief updates from respective AWA Executive Sponsors
 - c. Fund Development Initiatives
 - d. Competition Calendar - items as needed
 - e. Budget - items as needed
3. AWA Club Host Competition Expression of Interest Guideline
4. Sep 10 Virtual Town Hall
5. For Discussion: Value Proposition of being an AWA Affiliated Club
6. For Discussion: Training Camps
7. For Discussion: AWA Athlete Funding
8. Roundtable
9. Adjournment

MEETING MINUTES

Agenda Item	Meeting Minutes
<p>Standing Monthly Agenda Items</p>	<ul style="list-style-type: none"> ● Approval of meeting minutes from the last Executive Mtg ● Committee Status Updates: brief updates from respective AWA Executive Sponsors <p>NCCP Committee</p> <ul style="list-style-type: none"> ● Discussion on format and pricing structure ● Fund Development Initiatives <ul style="list-style-type: none"> ○ AWA Casino on Nov 25-26 <p>Athlete Funding</p> <ul style="list-style-type: none"> ● Alison to forward Alana a list of what AWA Casino Funds can be spent on in order to support in funding planning and summarizing changes to how athlete funding is now allocated ● Talk to create a “AWA Athlete Funding Policy” one-pager for increased communication and clarity with the membership <p>Competition Calendar - items as needed</p> <ul style="list-style-type: none"> ● Valhalla Strength Open - Sep 30-Oct 1 ● Expression of Interest Submission from Method Barbell received on Sep 2 for a Method Winter Classic starting this season - Dec 16, 2023 and Dec 21, 2024 addition to calendar. <p>Western Canadian Championships</p> <ul style="list-style-type: none"> ● 2023 Westerns Champs is Nov 25-26 <ul style="list-style-type: none"> ○ Will be submitting 16 athletes, 3 coaches, 1 team lead and 3 technical officials (based on our target of Coach:TO ratio) ○ Will begin to look for a Team Lead in the coming weeks ○ Beginning a cost analysis for coach and TO funding ● Westerns will have 16 athletes per province ● An agreed upon change however is how PSOs can choose to select their 16 athletes, where prior limitations will be removed with respect to a max of two athletes per weight class. And rather, PSOs can allocate their 16 athletes (8/8) as they wish. <ul style="list-style-type: none"> ○ There will still be Team scoring ● Discussions have been opened up with other PSO's around the desire to open up more opportunities and create more spots for Westerns through a qualifying total instead of provincial teams. No changes to the 2023 competition will be implemented.

	<ul style="list-style-type: none"> ○ With MWA hosting, they will need to keep the 2023 Western Canadian Championships competition to one day and are unable to host further athletes. <p>Budget Items</p> <ul style="list-style-type: none"> ● No other priority budget items needed to be discussed
<p>AWA Club Host Competition Expression of Interest Guideline</p>	<p>AWA Club Host Competition Expression of Interest Guideline</p> <ul style="list-style-type: none"> ● Agreed upon by Exec to update guidelines. President to present this evolved document at the Sep 10 Virtual Town Hall. Will be followed up with direct email to Clubs and Coaches after the Town Hall. <ul style="list-style-type: none"> ○ Largest evolution: Expression of interest intake for the 3 marquee provincial champs annual to make it an equitable opportunity for clubs to bid to be the club host ● The calendar has been set for the season so this is to support in setting up ample time to plan for the 2024/25 season ● Clubs are able to do category 2 submissions at any time throughout the year ● Opening up Master Provincials for host for 2024/25 season to create equitable process - potential for open competition to be split up into two competitions depending on host interest ● New Guideline document will be uploaded to the website
<p>Sep 10 Virtual Town Hall</p>	<ul style="list-style-type: none"> ● Executive discussed agenda items for the September 10 Virtual Town Hall <ul style="list-style-type: none"> ○ To be shared out prior to Town Hall to membership
<p>For Discussion: Value Proposition of being an AWA Affiliated Club</p>	<ul style="list-style-type: none"> ● Discussing updated Club Affiliation Policy to formalize the benefits and responsibilities of affiliated clubs ● Discussions in progress, President will include in Sept 10 Town Hall for awareness and plan to outreach to clubs for a dedicated virtual roundtable after the Town Hall
<p>For Discussion: Training Camps</p>	<ul style="list-style-type: none"> ● Training camps ongoing discussion with the Executive board <ul style="list-style-type: none"> ○ Specifically two-day interprovincial Junior Training Camp concept ○ Informal discussions have initiated with some western PSOs via AWA President ○ AWA President and VP Technical will be initiating outreach formally in the near future

<p>For Discussion: AWA Athlete Funding</p>	<p>Athlete Funding</p> <ul style="list-style-type: none"> ● Executive identified need for better communications with members and consideration for a formal AWA Athlete Funding Policy <ul style="list-style-type: none"> ○ This is currently in progress
<p>Roundtable</p>	<p>WCH Board and 2023 Nomination Committee</p> <ul style="list-style-type: none"> ● AWA President is also on the 2023 Nomination Committee and NC Chair of Committee ● AWA VP Tech has submitted an Expression of Interest application to serve on the WCH Board. ● WCH Board Selection Process Summary per WCH Aug 20 memo ● If A. Pretty is voted in on Sep 24, he will need to step down from AWA Exec. ● Additionally, AWA must submit in writing no later than 5 days prior to AGM who will be the AWA Exec designate that will be attending the WCH AGM and voting: President will attend and vote. ● Decision and approval by Executive that Jordan Browne, currently serving as AWA General Executive Member will step into VP Tech position.
<p>Adjournment</p>	<p>Meeting adjourned.</p>