

**Alberta Weightlifting Association**  
**June 2022- May 2023 FEMALE Provincial Rankings (by BW sinclair)**

Updated April 5, 2023

Overall Rankings										
	Last Name	First Name	Weight Class	BW	Club	YOB	Date	Total	BW sinclair	Class
1	JOHNSON	Haylee	55	55	MET	1998	3/25/2023	183	263.500	Int. I
2	BESPALOVA	Polina	59	59.00	FVH	2000	2/4/2023	188	256.77	Int. II
3	YANGUI	Nadia	64	64.00	CAN	1992	9/17/2022	196	254.46	Int. II
4	KOHLMAN	Shandler	71	70.49	VAL	1995	11/19/2022	196	240.98	Int. II
5	YIP	Francise	64	63.38	FRP	1994	11/19/2022	182	237.66	Int. III
6	MCMONAGLE	Gina	71	69	FSA	2000	3/26/2023	190	237.094	Int. III
7	MCMONAGLE	Gina	76	72.30	FSA	2000	11/19/2022	190	231.54	Int. III
8	KUSCHMIERZ	Laura	76	74	MET	1992	3/28/2023	182	218.092	Int. IV
9	SCOLLARD	Cailin	71	69	OPF	1997	3/29/2023	174	216.817	Int. IV
10	CHATIGNY	Melissa	64	63.29	OPF	1984	12/3/2022	165	215.65	Prov. I
11	KUCHUK	Amy	64	63.02	GGW	1995	2/4/2023	161	210.97	Prov. I
12	GRAHAM	Lundie	71	69	MET	1991	3/30/2023	167	208.745	Prov. I
13	FROEHLICH	Cassidy	71	69.32	MET	1996	10/1/2022	168	208.42	Prov. I
14	STARKEY	Amy	76	72.60	UNA	1989	12/3/2022	170	205.83	Prov. I
15	EVERETT-YIM	Alana	59	57.00	IF	1977	3/12/2023	147	205.57	Prov. I
16	TAO	Michel	59	58	TOP	2002	4/1/2023	147	203.169	Prov. I
17	HILLMAN	Audrey	49	49.00	FSA	2006	9/17/2022	127	198.07	Prov. I
18	GRAY	Shannon	81	80	9	2003	4/2/2023	170	196.550	Prov. I
19	CHURCHILL	Kyla	76	72.33	FRP	1994	10/1/2022	162	196.52	Prov. I
20	BOATH	Terrace	64	63.39	FRP	1993	10/1/2022	150	195.86	Prov. I
21	TAO	Michel	64	59.48	TOP	2002	6/1/2022	144	195.65	Prov. I
22	SCHUM	Dawn	71	70.44	VAL	1985	2/4/2023	158	194.34	Prov. I
23	KRASSILOWSKY	Shelby	71	69.00	UNA	2000	12/17/2022	155	192.78	Prov. I
24	MOLLY	Tasha	71	70	OPF	1993	3/5/2023	154	189.846	Prov. I
25	DAHMER	Gabby	64	61	FSA	2006	3/5/2023	141	189.707	Prov. II
26	BUTZ	Kyla	59	57.93	GGW	1998	6/12/2022	137	189.38	Prov. I
27	CHURCHILL	Kyla	71	70.90	FRP	1994	8/20/2022	154	188.77	Prov. I
28	SHEEHAN	Jordana	81	80.90	OPF	1997	8/20/2022	163	187.50	Prov. I
29	GOEBEL	Kelsey	64	63.96	IF	1997	2/4/2023	144	187.02	Prov. I
30	JOHNSTON	Kathleen	59	59	UNA	1998	4/6/2023	136	186.693	Prov. II
31	GRAY	Shannon	76	74.84	PAN	2003	12/3/2022	155	184.84	Prov. I
32	FERGUSON	Brielle	71	65.73	VAL	2000	10/1/2022	144	184.04	Prov. II
33	SHEEHAN	Jordana	87	84	OPF	1997	4/7/2023	162	183.547	Prov. I
34	ORRIS	Erin	49	49.00	CAN	1993	9/17/2022	117	182.48	Prov. II

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35	CHAN	Madeliene	71	70.55	UNA	1984	2/4/2023	148	181.89	Prov. I
36	SZABON-SMITH	Lisa	76	74.45	FPR	1982	2/4/2023	152	181.73	Prov. I
37	PISONI	Kalista	59	57	OPF	1998	4/8/2023	129	180.381	Prov. II
38	BRADLEY	Chelsea	64	64	VAL	1990	4/9/2023	138	180.270	Prov. II
39	FERGUSON	Brielle	64	63.40	VAL	2000	8/20/2022	138	180.17	Prov. II
40	MOLLY	Tasha	76	74.24	OPF	1993	6/12/2022	150	179.59	Prov. II
41	FACENDI	AJ	59	59.00	FSA	1983	4/10/2023	130	178.397	Prov. II
42	COBURN	Deirdre	81	81	IX	1974	4/11/2023	153	176.505	Prov. I
43	DEGNER	Christine	55	54.94	VAL	1991	10/1/2022	123	176.29	Prov. II
44	BOIVIN-ENGLUND	Akimby	71	68.58	VAL	1996	10/1/2022	141	175.95	Prov. II
45	SABO	Cristina	64	64.00	CAN	1992	9/17/2022	135	175.26	Prov. II
46	DEGNER	Christine	59	57	VAL	1991	4/12/2023	124	172.939	Prov. III
47	EVANS	Moira	71	69.96	TOP	2003	12/3/2022	140	172.83	Prov. II
48	LADIC	Teagan	76	73.43	VAL	2005	12/3/2022	143	172.15	Prov. II
49	WOZNY	Amanda	>87	88.64	UNA	1985	12/3/2022	155	171.81	Prov. II
50	WELTEN	Caleigh	>87	113.70	VDP	1994	2/4/2023	165	170.17	Prov. I
51	CARRERO MORA	Andreina	55	53.88	AB	2006	6/1/2022	117	170.01	Prov. II
52	MUDDLE	Emily	55	51.02	OPF	2003	2/4/2023	112	169.37	Prov. III
53	CARRERO MORA	Andreina	59	57.26	FSA	2006	12/3/2022	121	168.57	Prov. III
54	BARRETT	Amy	76	72.70	VAL	2003	8/20/2022	138	166.97	Prov. II
55	ANDRONYK	Hannah	64	63.21	GGW	2003	12/3/2022	127	166.11	Prov. III
56	JACKSON	Holly	>87	88	OPF	1992	4/14/2023	149	165.784	Prov. III
57	PANCZAK	Skyler	64	63.22	OPF	1997	6/12/2022	125	163.48	Prov. III
58	LETWIN	Colleen	76	73.30	MET	1997	10/1/2022	135	162.66	Prov. III
59	STEIN	Tracey	87	87	VAL	1984	4/16/2023	145	162.076	Prov. II
60	GRAY	Hannah	87	87.00	CAN	1977	9/17/2022	145	161.87	Prov. II
61	HENRY RODRIGUEZ	Mayeling	>87	117.78	TOP	2001	12/3/2022	158	161.85	Prov. II
62	MAH	Lisa	71	67.12	VAL	1985	10/1/2022	128	161.65	Prov. III
63	REID	Kimberly	76	71.18	FSA	1993	6/12/2022	131	160.24	Prov. III
64	GILLEAN	Liz	76	76.00	CAN	1987	9/17/2022	135	159.80	Prov. III
65	JACKSON	Holly	87	86.60	OPF	1992	8/20/2022	142	158.81	Prov. II
66	OUELLETTE	Cassandra	71	69.57	FRP	1988	10/1/2022	127	157.25	Prov. III
67	GUTHRIE	Michelle	64	60.76	FSA	2005	12/3/2022	117	156.82	Prov. IV
68	PELL	Krista	76	74.97	VAL	1972	2/4/2023	131	156.09	Prov. III

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69	KOBOS	Mika	64	62.37	OPF	1995	6/12/2022	118	155.60	Prov. IV
70	SURRIDGE	Ava	49	47.31	MET	2008	12/3/2022	97	155.54	Prov. IV
71	LADIC	Teagan	71	69.13	VAL	2005	6/12/2022	125	155.30	Prov. III
72	WEINRAUCH	Amy	87	85.24	MET	1993	2/4/2023	137	154.18	Prov. III
73	HAMILTON	Jennifer	64	63.71	VAL	1982	2/4/2023	116	151.01	Prov. IV
74	MBONGALONZI	Mignone	76	75.91	TOP	2003	10/1/2022	125	148.04	Prov. IV
75	SULLIVAN	Allison	76	74.72	FRP	1967	10/1/2022	124	147.99	Prov. IV
76	FIELD	Casey	71	69.76	FH	1983	2/4/2023	119	147.13	Prov. IV
77	GICUHI	Serinah	64	60.93	FPR	1998	2/4/2023	109	145.84	Prov. IV
78	GOUGH	Sarah	71	71.00	CAN	1977	9/17/2022	119	145.76	Prov. IV
79	CHISHOLM	Haley	71	70.44	FPR	1999	2/4/2023	117	143.91	Prov. IV
80	LUU	Leanna	64	61.43	TOP	2006	12/3/2022	106	141.10	Novice
81	BARNES	Marie	76	75.05	IF	1987	2/4/2023	118	140.53	Prov. IV
82	FOSTER	Richelle	>87	121	VAL	1985	4/18/2023	136	138.768	Prov. IV
83	FEDORUS	Jaelyn	>87	102.10	PAN	1988	2/4/2023	131	138.66	Prov. IV
84	PEDDIE	Ally	81	80.08	FPR	1988	2/4/2023	120	138.66	Prov. IV
85	NFOR	Ayanna	59	58.92	FSA	2005	12/3/2022	101	138.07	Novice
86	DYKSTRA	Claire	81	79.71	IX	1989	2/4/2023	118	136.63	Prov. IV
87	SAUCIER	Valerie	81	76.80	VAL	1986	8/20/2022	116	136.63	Prov. IV
88	IVANCIC	Michaila	64	60.85	VAL	1994	10/1/2022	101	135.24	Novice
89	AGER	Elise	71	70.34	VDP	2001	2/4/2023	109	134.17	Novice
90	PARK	Kelsey	76	75.00	MET	1991	12/17/2022	112	133.42	Novice
91	SAUCIER	Valérie	76	75.75	VAL	1986	2/4/2023	112	132.78	Novice
92	CHISHOLM	Haley	76	72.60	FRP	1999	8/20/2022	109	131.98	Novice
93	FENDELET	Megan	76	71.88	GGW	1999	10/1/2022	108	131.44	Novice
94	GIANI	Cassandra	87	81.94	PAN	2002	12/3/2022	114	130.41	Prov. IV
95	GILCHRIST	Maria	59	57.44	FPR	1982	2/4/2023	93	129.29	Novice
96	TASIC	Sydney	49	45.59	FSA	2007	12/3/2022	78	128.90	Novice
97	CHAU	Whitney	55	51.46	TOP	2005	12/3/2022	85	127.72	Novice
98	MUNDELL	Emi	71	70.23	IX	2005	10/1/2022	103	126.89	Novice
99	WANG	Heidi	64	62.38	VAL	1990	10/1/2022	96	126.58	Novice
100	ENSTROM	Brittany	>87	90.84	GGW	1999	10/1/2022	115	126.33	Novice
101	GRANNARY	Deidra	64	62.29	FSA	2005	12/3/2022	94	124.05	Novice
102	BERTAGNOLLI	Megan	81	79.84	PAN	1982	2/4/2023	107	123.80	Novice

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103	CANONEO	Crystal	59	56.42	VDP	1990	10/1/2022	86	121.01	Novice
104	MICHALCHUK	Emily	87	85.03	OPF	1999	10/1/2022	107	120.54	Novice
105	TYCHOLAZ	Juliette	>81	107.46	PAN	2006	12/3/2022	115	120.11	Novice
106	BERTAGNOLLI	Megan	87	87.00	CAN	1982	9/17/2022	107	119.45	Novice
107	BEITEL	Cassandra	>87	93.66	FPR	1986	2/4/2023	109	118.48	Novice
108	GUNN	Rebecca	71	69.66	VDP	1990	10/1/2022	95	117.55	Novice
109	CORNELL	Paula	>87	92.86	PAN	1989	2/4/2023	107	116.64	Novice
110	BROAD	Sarah	71	69.45	IX	2007	10/1/2022	94	116.50	Novice
111	REGNIER	Danielle	71	69.57	PAN	1992	12/3/2022	94	116.39	Novice
112	JOHNSON	Linnea	55	50.26	PAN	2008	12/3/2022	76	116.24	Novice
113	BURLINGTON	Maggie	87	85.77	GGW	1992	2/4/2023	102	114.51	Novice
114	MILLS	Calley	55	52.73	IX	2009	10/1/2022	77	113.64	Novice
115	POWERS	Kelli	71	70.54	UNA	1977	2/4/2023	92	113.07	Novice
116	SIMPSON	Jaci	71	70.60	VAL	1981	10/1/2022	92	113.02	Novice
117	STAUB	Isabella	55	51.88	PAN	2007	12/3/2022	75	112.02	Novice
118	JASWAL	Gagandeep	71	64.05	IX	1993	10/1/2022	85	110.30	Novice
119	PESIGAN	Kristine	71	68.22	VAL	2001	10/1/2022	88	110.13	Novice
120	JOHNSON	Rachel	76	74.44	PAN	1978	2/4/2023	92	110.00	Novice
121	LEFEVRE	Natalia	40	36.22	FSA	2011	12/3/2022	54	109.90	Novice
122	HATTON	Haylee	55	49.86	PAN	1998	12/3/2022	71	109.26	Novice
123	Wang	Jia	71	69	GGW	1984	3/12/2023	87	108.262	Novice
124	REED	Lexie	76	75.36	IX	1994	10/1/2022	89	105.78	Novice
125	PURI	Roshani	64	60.15	GGW	1996	2/4/2023	78	105.22	Novice
126	DE LARA	Audrey	64	60.68	PAN	2000	12/3/2022	78	104.63	Novice
127	WILLIAMS	Spencer	45	44.17	PAN	2005	12/3/2022	61	103.51	Novice
128	DE GROOT	Chelsey	71	68.12	IX	1987	10/1/2022	82	102.71	Novice
129	MAYEN	Yar	71	68.04	PAN	2002	12/3/2022	81	101.52	Novice
130	ALEXANDER	Scarlett	55	52.44	IX	2007	10/1/2022	67	99.28	Novice
131	CENDER	Shelby	76	72.44	PAN	1992	6/12/2022	78	94.55	Novice
132	HUTTON	Alyssa	76	71.45	PPL	2002	6/12/2022	76	92.78	Novice
133	NEDEV	Maya	49	48.00	UNA	2004	12/17/2022	54	85.59	Novice
134	DEWAR	Sandy	76	74.29	MET	1953	2/4/2023	70	83.78	Novice
135	HANSLER	Christine	81	76.62	PPL	1971	10/1/2022	58	68.39	Novice