

## Alberta Weightlifting Association 2022 FEMALE Provincial Rankings (by BW sinclair)

Updated May 29, 2022

Overall Rankings												
	Last Name	First Name	AGE	YOB	Club	Category	Snatch	Clean & Jerk	TOTAL	D/M/Y	BW Sin Ttl	Prov. Class
1	Kaminski	Hannah		1994	UNA	F 49	73	90	163	27-Feb-22	278.79	INT 2
2	Yangui	Nadia	F30	1992	UNA	F71	87	116	203	12-Dec-21	274.8	INT 2
3	KAMINSKI	Hannah		1994	UNA	F 55	76	95	171	21-May-22	252.823	INT 2
4	YANGUI	Nadia	F30	1992	UNA	F 64	87	107	194	21-May-22	252.33	INT 2
5	BESPALOVA	Polina		2000	UNA	F 59	84	95	179	21-May-22	249.546	INT 3
6	Johnson	Haylee		1998	MET	F 55	74	100	174	4-Dec-21	249.19	INT 2
7	MCMONAGLE	Gina		2000	FSA	F 76	87	111	198	21-May-22	240.759	INT 3
8	Kohlman	Shandler		1995	FRP	F 71	85	105	190	04-Dec-21	233.783	INT 4
9	Kuchuk	Amy		1995	VAL	F 64	78	95	173	04-Dec-21	227.703	INT 4
10	LOVE	Etta	YTH	2007	UNA	F >87	94	122	216	21-May-22	225.585	INT 4
12	Kuschmierz	Laura	F30	1992	MET	F 76	77	100	177	26-Mar-22	223	PROV 1
11	Perkins	Jada		1998	MSW	F 55	65	81	146	04-Dec-21	214.734	PROV 1
14	Price	Liv		1998	UNA	F 64	75	88	163	26-Mar-22	212.65	PROV 1
15	Tao	Michel	JR	2002	TOP	JR F 59	66	80	146	21-Nov-21	202.217	PROV 1
16	Allert	Paige	F30	1992	IX	F 64	67	85	152	02-Oct-21	201.919	PROV 1
17	Price	Liv		1998	UNA	F 71	73	87	160	04-Dec-21	201.341	PROV 1
18	Podolas	Jodi	F40	1978	FSA	F 76	73	90	163	05-Mar-22	199.194	PROV 1
19	Froehlich	Cassidy		1996	MET	F 71	71	88	159	04-Dec-21	197.954	PROV 1
20	Everett-Yim	Alana		1977	PPL	F 59	62	82	144	04-Dec-21	197.753	PROV 1
21	Graham	Lundie	F30	1991	MET	F 71	70	87	157	04-Dec-21	197.664	PROV 1
22	Butz	Kyla		1998	GGW	F 55	58	76	134	04-Dec-21	192.124	PROV 1
23	Orris	Erin		1993	FSA	F 49	51	70	121	04-Dec-21	191.891	PROV 1
24	Foisy	Kylie		2001	GGW	F 59	63	76	139	04-Dec-21	190.908	PROV 1
25	Anderson	Justine		1989	FRP	F 59	62	76	138	02-Oct-21	190.698	PROV 1
26	Szabon-Smith	Lisa		1982	MSW	F 71	63	90	153	04-Dec-21	189.485	PROV 1
27	Lessard	Nadia	F35	1987	UNA	F 76	69	86	155	05-Mar-22	188.083	PROV 1
28	Hillman	Audrey	YTH	2006	FSA	YTH F 49	53	63	116	21-Nov-21	186.098	PROV 1
29	Churchill	Kyla		1994	FRP	F 71	66	84	150	02-Oct-21	185.684	PROV 1
30	Schum	Dawn	F35	1985	VAL	F71	60	80	140	2-Feb-22	184.01	PROV 2
31	Schum	Dawn		1985	VAL	F 76	61	88	149	26-Mar-22	179.26	PROV 2
32	PISONI	Kalista		1998	OPF	F 59	56	71	127	29-Jan-22	176.886	PROV 2
33	Alexander	Mackenzie		2000	MET	F 64	60	76	136	02-Oct-21	176.561	PROV 2
34	Ball	Julia	JR	2001	FRP	JR F 81	71	82	153	21-Nov-21	176.36	PROV 2
35	Bradley	Chelsea		1990	VAL	F 64	54	79	133	26-Mar-22	175.55	PROV 2
36	Vanderlinde	Suze		1994	UNA	F 64	56	75	131	26-Mar-22	174.89	PROV 2
37	Pell	Krista	F50	1972	VAL	F76	59	75	134	2-Feb-22	173.8	PROV 2
38	SHEEHAN	Jordana		1997	OPF	F 87	67	87	154	29-Jan-22	173.459	PROV 2
39	Lou	Marisa		1994	FRP	F 64	58	73	131	02-Oct-21	173.154	PROV 2

40	Degner	Christine		1991	VAL	F 55	52	67	119	04-Dec-21	172.257	PROV 2
41	Molly	Tasha		1993	OPF	F 76	60	84	144	02-Oct-21	170.851	PROV 2
42	Sheehan	Jordana		1997	OPF	F 87	65	83	148	02-Oct-21	166.513	PROV 2
43	Coburn	Deirdre		1974	IX	F 81	58	86	144	26-Mar-22	166.42	PROV 2
44	PANCZAK	Skyler		1997	OPF	F 64	58	66	124	29-Jan-22	165.208	PROV 3
45	Barnes	Marie	F35	1987	VAL	F71	55	68	123	2-Feb-22	162.78	PROV 3
46	Stein	Tracey		1984	VAL	F 87	64	81	145	26-Mar-22	162.47	PROV 3
47	Gray	Hannah	F45	1977	PAN	F 87	63	81	144	05-Mar-22	161.695	PROV 3
48	Gillean	Liz	F35	1987	MET	F 76	60	74	134	05-Mar-22	161.692	PROV 3
49	Barrett	Amy		2003	VAL	F 76	54	78	132	26-Mar-22	159.61	PROV 3
50	Sabo	Cristina		1992	FRP	F 64	55	67	122	02-Oct-21	159.388	PROV 3
51	Jackson	Holly	F30	1992	OPF	F 87	63	77	140	05-Mar-22	156.342	PROV 3
52	Schwartz	Katie		1994	VAL	F 71	57	66	123	26-Mar-22	153.34	PROV 3
53	Johnston	Kathleen		1998	UNA	F 59	49	60	109	26-Mar-22	152.68	PROV 3
54	Foster	Richelle	F35	1985	VAL	F>87	60	86	146	2-Feb-22	152.5	PROV 3
55	Ladic	Teagan	YTH	2005	VAL	YTH F 71	53	67	120	21-Nov-21	152.113	PROV 3
56	McPherson	Taylor		1999	GGW	F 55	43	62	105	02-Oct-21	151.932	PROV 3
57	Evans	Moir	JR	2003	TOP	JR F 71	57	66	123	21-Nov-21	151.897	PROV 3
58	Pattison	Rachal	F35	1984	OPF	F 87	60	73	133	05-Mar-22	150.243	PROV 4
59	Balutis	Andrea		1990	FRP	F 81	64	65	129	26-Mar-22	149.72	PROV 4
60	Muddle	Emily		2003	PPL	F 59	44	62	106	26-Mar-22	149.55	PROV 4
61	Lechadores	Caleigh		1994	FRP	F >87	60	85	145	26-Mar-22	148.85	PROV 4
62	Barnes	Marie		1987	VAL	F 76	55	68	123	26-Mar-22	147.76	PROV 4
63	Hamilton	Jennifer	F40	1982	VAL	F 64	48	64	112	05-Mar-22	147.185	PROV 4
64	Sullivan	Allison		1967	FRP	F 76	51	72	123	26-Mar-22	146.96	PROV 4
65	McLeod	Rhiannon		1994	PAN	F 71	54	64	118	26-Mar-22	146.55	PROV 4
66	Weinrauch	Amy		1993	MET	F 87	56	70	126	26-Mar-22	143.31	PROV 4
67	Higgs	Brianne	F40	1982	PPL	F 87	55	72	127	05-Mar-22	143.129	PROV 4
68	Gough	Sarah		1977	FRP	F 71	51	60	111	02-Oct-21	139.854	PROV 4
69	Fedorus	Jaelyn		1988	PAN	F >87	55	71	126	26-Mar-22	135.90	PROV 4
70	Guthrie	Michelle		2005	FSA	F 64	45	56	101	26-Mar-22	135.43	PROV 4
71	Mbongalonzi	Mignone	JR	2003	TOP	JR F 76	53	61	114	21-Nov-21	134.94	PROV 4
72	DePasquale	Emma		1993	GGW	F 71	46	59	105	26-Mar-22	130.52	PROV 4
73	Ouellette	Cassandra		1988	FRP	F 71	48	57	105	02-Oct-21	129.718	Novice
74	Gilchrist	Maria		1982	FRP	F 59	41	52	93	26-Mar-22	129.59	Novice
75	Mullin	Brooke		1999	GGW	F 76	47	60	107	02-Oct-21	127.601	Novice
76	Guthrie	Michelle	YTH	2005	FSA	YTH F 59	41	50	91	21-Nov-21	126.054	Novice
77	Irvine	Kaelee	JR	2002	PPL	JR F 64	43	53	96	21-Nov-21	124.783	Novice
78	Surridge	Ava	YTH	2008	MET	YTH F 45	33	38	71	21-Nov-21	121.539	Novice
79	Tycholaz	Juliette	YTH	2006	PAN	YTH F >81	52	61	113	21-Nov-21	119.825	Novice
80	Willcocks	Laura		1987	MET	F 81	46	56	102	02-Oct-21	117.554	Novice
81	Ratcliff	Charlotte		1989	PAN	F 87	45	55	100	02-Oct-21	114.379	Novice
82	Bertagnolli	Megan	F40	1982	PAN	F 87	40	61	101	05-Mar-22	114.116	Novice
83	Cornell	Paula	F30	1989	PPL	F >87	46	58	104	05-Mar-22	112.943	Novice

84	Johnson	Linnea		2008	PAN	F 55	33	41	74	26-Mar-22	110.66	Novice
85	Berkan	Deadra		1977	FRP	F 81	39	53	92	02-Oct-21	107.374	Novice
86	Simpson	Jaci	F40	1981	VAL	F 71	38	46	84	05-Mar-22	107.096	Novice
87	Grannary	Diedra	YTH	2005	FSA	YTH F 59	35	38	73	21-Nov-21	101.818	Novice
88	De Groot	Chelsey		1987	IX	F 76	35	40	75	26-Mar-22	91.57	Novice
89	Hutton	Alyssa		2002	PPL	F 76	32	38	70	26-Mar-22	83.82	Novice
90	Dewar	Sandy	F65	1953	MET	F 76	28	35	63	05-Mar-22	75.847	Novice