













2009 Western Canadian Weightlifting Championships

Regina, Saskatchewan March 28, 2009



Men's 56kg, 62kg, 69kg and 77kg Class

Lot #	Athlete Name		Team	Gender	YOB	Cat.	BWT	Snatch			Clean & Jerk			Total	Place	Sinclair
								1	2	3	1	2	3			
1	WEIBE	Enrique		M	1987	56	56.00	68	72	73	80	83	87	160	1	247.9082
2	GOLDBERG	Paul		M	1958	56	55.60	60	66x	66	75	80x	81x	141	2	219.6864
4	MAZUR	Eric		M	1993	62	61.70	67	71x	71	85	89	92x	160	1	230.7575
3	CADMUS-DIXON	Adrian		M	1992	62	57.00	63	67x	67	85	88	90x	155	2	236.9245
5	CHANDLER	Corey		M	1987	69	68.80	90	95	98x	115	120x	120x	210	1	281.5713
6	PLAYFORD	Brady		M	1993	69	62.70	50	55	60x	60	65x	65	120	2	171.1283
7	KROSCHINSKI	Quinton		M	1991	77	76.80	93	99	101	120	126	133x	227	1	285.0876
8	MAZUR	Sean		M	1991	77	75.80	67	71	73	95	99	101	174	3	220.1403
9	WILCOX	Nelson		M	1982	77	74.70	95	100x	102x	115	126x	126x	210	2	267.9145
10	RICHARDSON	Greg		M	1989	77	75.80	62	67	70	82	86	88x	156	4	197.3672

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2009 Western Canadian Weightlifting Championships

Regina, Saskatchewan March 28, 2009



Women's 53kg, 58kg, and 63kg Class

Lot #	Athlete Name		Team	Gender	YOB	Cat.	BWT	Snatch			Clean & Jerk			Total	Place	Sinclair
								1	2	3	1	2	3			
1	DENSMORE	Rosemary		F	1984	53	53.00	61	64	66	74	78	80	146	1	205.2518
2	CHERPIN	Courtney		F	1991	53	51.10	38	40	42	45	49	51	93	2	134.6542
5	PHANGURA	Harmanpreet		F	1994	58	57.40	55	60	62	72	76	80	142	1	187.9757
6	MOE	Janelle		F	1991	58	57.80	52	55	57x	68	72x	72	127	2	167.2872
4	MAJCHRZAK	Shelby		F	1993	58	55.60	45	48	50x	53	57	60	108	3	146.3418
3	DANCEY	Samantha		F	1994	58	55.50	38	41	43	49	51x	51	94	4	127.5431
9	FRANKSEN	Kelly		F	1979	63	59.00	60x	60	62x	77x	77x	78	138	1	179.1743
8	MAJCHRAK	Marissa		F	1993	63	58.20	45	49	51	53	57x	57	108	2	141.5670
10	DANCEY	Stacy		F	1993	63	61.90	38x	38x	38	52	55x	55x	90	3	113.1543

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Men's 85kg and 94kg Class

Lot #	Athlete Name		Team	Gender	YOB	Cat.	BWT	Snatch			Clean & Jerk			Total	Place	Sinclair
								1	2	3	1	2	3			
16	CONRAD	Darryl		M	1984	85	84.10	120	124	128	147	152	154	282	1	337.6320
13	TURNER	Chris		M	1983	85	82.50	117	121	124x	146x	146x	147	268	2	323.9790
17	HOWDEN	Curtis		M	1983	85	83.10	95	102	105x	127	135x	135x	229	3	275.8195
11	JAMIESON	Jamie		M	1969	85	83.30	90	97x	97	110	115	120	217	4	261.0504
14	SAMAYOA	David		M	1992	85	84.00	90	95	100	110	115	120x	215	5	257.5664
15	JOHNSTON	Tyler		M	1990	85	83.00	90x	90x	90	115	120x	120x	205	6	247.0625
10	HADLOW	Terry		M	1957	85	84.50	105x	110x	113x	x	x	x	0		0.0000
18	HERRIDGE	Derek		M	1992	94	90.60	115	120	122x	137	142	147x	262	1	302.8987
20	SAMAYOA	Istvan		M	1990	94	92.00	100x	100	105	120	125	130	235	2	269.8593
21	ORANCHUK	Dustin		M	1989	94	93.70	100	105	109x	121	126	131x	231	3	263.1953
19	STENE	Cole		M	1986	94	88.90	95x	95	105x	125x	125x	125x	0		0.0000

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Women's 69kg, 75kg, and 75+kg Class



Lot #	Athlete Name		Team	Gender	YOB	Cat.	BWT	Snatch			Clean & Jerk			Total	Place	Sinclair
								1	2	3	1	2	3			
14	SANGHERA	Prabdeep		F	1993	69	67.30	69	74x	74x	85	92x	x	154	1	183.9905
13	DESROCHERS	Christa		F	1984	69	67.90	65	68	69	78	82	84	153	2	181.1317
11	CALIXTO	Monnette		F	1981	69	68.40	57	60x	61	80	84	88x	145	3	171.6608
12	SANGHERA	Snimerdeep		F	1995	69	64.90	55	60x	63x	60	65	70	125	4	148.9651
18	LWYLLN	Chelsey		F	1982	69	67.60	45	50	55x	60	67	72x	117	5	139.4314
16	SAHOTA	Manroop		F	1994	75	74.70	63	68x	68	78	83	89x	151	1	170.8158
19	BEUSHESKI	Kelsey		F	1992	75	69.30	41	44x	44x	45	49x	51	92	2	108.1346
17	JACKSON	Alena		F	1980	75+	93.10	55	58	60	73	76	78x	136	1	141.6632

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Men's 105kg, and 105+kg Class

Lot #	Athlete Name		Team	Gender	YOB	Cat.	BWT	Snatch			Clean & Jerk			Total	Place	Sinclair
								1	2	3	1	2	3			
23	COEHOORN	Cory		M	1984	105	98.10	120x	120	125x	150	160	165x	280	1	313.1341
27	SAMAYOA	Jose		M	1963	105	94.50	95	100	105x	125	130	135x	230	2	261.1244
22	YEE	Geoffrey		M	1990	105	104.00	92	96x	96	127	132	134	230	3	251.7102
24	SMITH	Clive		M	1964	105	104.20	97x	97	105x	127	132x	132x	224	4	244.9791
26	KORKOWSKI	Rafal		M	1980	105+	113.50	130	136	140	155	165x	170x	295	1	313.9162
30	ASTOLFI	Jon		M	1973	105+	107.80	102	110	113	135	140	144	257	2	277.8634
29	LEVY	Robert		M	1981	105+	128.30	112x	112	115	137	141	145x	256	3	264.2170
28	JOHNSTON	Jason		M	1975	105+	130.60	105	111	115	117x	123	130	245	4	251.9603
31	CUMMINE	Scott		M	1984	105+	121.50	105	112x	112x	136	150x	153x	241	5	251.8170

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009 Western Canadian Weightlifting Championships



Men's Ranking list

Rank	Athlete Name		Team	Category	BWT	Total	Sinclair
1	CONRAD	Darryl	MB	85	84.10	282.0	337.6320
2	TERNER	Chris	AB	85	82.50	268.0	323.9790
3	KORKOWSKI	Rafal	MB	105+	113.50	295.0	313.9162
4	COEHOORN	Cory	AB	105	98.10	280.0	313.1341
5	HERRIDGE	Derek	BC	94	90.60	262.0	302.8987
6	KROSCHINSKI	Quinton	AB	77	76.80	227.0	285.0876
7	CHANDLER	Corey	SK	69	68.80	210.0	281.5713
8	ASTOLFI	Jon	AB	105+	107.80	257.0	277.8634
9	HOWDEN	Curtis	AB	85	83.10	229.0	275.8195
10	SAMAYOA	Istvan	SK	94	92.00	235.0	269.8593
11	WILCOX	Nelson	AB	77	74.70	210.0	267.9145
12	LEVY	Robert	MB	105+	128.30	256.0	264.2170
13	ORANCHUK	Dustin	AB	94	93.70	231.0	263.1953
14	SAMAYOA	Jose	SK	105	94.50	230.0	261.1244
15	JAMIESON	Jamie	SK	85	83.30	217.0	261.0504
16	SAMAYOA	David	SK	85	84.00	215.0	257.5664
17	JOHNSTON	Jason	SK	105+	130.60	245.0	251.9603
18	CUMMINE	Scott	SK	105+	121.50	241.0	251.8170
19	YEE	Geoffrey	BC	105	104.00	230.0	251.7102
20	WEIBE	Enrique	MB	56	56.00	160.0	247.9082
21	JOHNSTON	Tyler	BC	85	83.00	205.0	247.0625
22	SMITH	Clive	AB	105	104.20	224.0	244.9791
23	CADMUS-	Adrian	BC	62	57.00	155.0	236.9245
24	MAZUR	Eric	MB	62	61.70	160.0	230.7575
25	MAZUR	Sean	MB	77	75.80	174.0	220.1403
26	GOLDBERG	Paul	BC	56	55.60	141.0	219.6864
27	RICHARDSON	Greg	MB	77	75.80	156.0	197.3672
28	HADLOW	Terry	MB	85	84.50	0.0	0.0000
29	STENE	Cole	SK	94	88.90	0.0	0.0000



009 Western Canadian Weightlifting Championships



Women's Ranking list

Rank	Athlete Name		Team	Category	BWT	Total	Sinclair
1	DENSMORE	Rosemary	MB	53	53.00	146.0	205.2518
2	PHANGURA	Harmanpree	BC	58	57.40	142.0	187.9757
3	SANGHERA	Prabdeep	BC	69	67.30	154.0	183.9905
4	DESROCHERS	Christa	MB	69	67.90	153.0	182.7957
5	FRANKSEN	Kelly	BC	63	59.00	138.0	179.1743
6	CALIXTO	Monnette	MB	69	68.40	145.0	171.6608
7	SAHOTA	Manroop	BC	75	74.70	151.0	170.8158
8	MOE	Janelle	SK	58	57.80	127.0	167.2872
9	SANGHERA	Snimerdeep	BC	69	64.90	125.0	148.5927
10	MAJCHRZAK	Shelby	BC	58	55.60	108.0	146.3418
11	JACKSON	Alena	MB	75+	93.10	136.0	141.6632
12	MAJCHRAK	Marissa	BC	63	58.20	108.0	141.5670
13	LWYLLN	Chelsey	SK	69	67.60	117.0	139.4314
14	CHERPIN	Courtney	SK	53	51.10	93.0	134.6542
15	DANCEY	Samantha	SK	58	55.50	94.0	127.5431
16	DANCEY	Stacy	SK	63	61.90	90.0	113.1543
17	BEUSHESKI	Kelsey	SK	75	69.30	92.0	108.1346



2009 Western Canadian Weightlifting Championships



Team Ranking List

Rank	Province	Points
1	Team Saskatchewan	305.0
2	Team British Columbia	303.0
3	Team Manitoba	286.0
4	Team Alberta	197.0