



Gordon Kay Memorial Open

When - SATURDAY, September 25, 2010 WEIGH-IN TIMES – T.B.A.

Where – Athabasca Regional Multiplex, 2 University Drive, Athabasca, Ab

ENTRY DEADLINE --- September 10, 2010 ---
No Late Entries Will Be Accepted

ENTRY FEES -- \$25.00 ** MUST ACCOMPANY ENTRY FORM.**
MAKE CHEQUES PAYABLE TO ALBERTA WEIGHTLIFTING ASSOCIATION

Mail entries to: Michael Mountford (Meet Director) (780-675-7155)
4006 Champagne Drive
Athabasca, Ab, T9S 1J2

Competitors Must have a Provincial Association Membership

THIS COMPETITION WILL BE CONTESTED IN THE FOLLOWING WEIGHT CLASSES:
Elite, Class 1, Class 2, Class 3, Class 4 and Novice
MALE -- 56, 62, 69, 77, 85, 94, 105, & 105+; and FEMALE -- 48, 53, 58, 63, 69, 75, & 75+

Gordon Kay Trophies for Best Male, Best Female, Best Junior Male and Best Junior Female Lifters

Once entered, should you be unable to compete, you must notify the meet director, PRIOR TO WEIGH-IN, in order to avoid suspension.

ENTRY FORM

NAME _____ M/F _____ BIRTHDATE _____

ADDRESS _____ P.C. _____ PHONE _____

Prov. Card # _____ CLUB _____ WEIGHT CLASS _____

BEST TOTAL _____ Best Weightlifting Achievement _____

In consideration of the acceptance of this entry, I hereby waive and release for myself, my heirs, my executors and my administrators any and all rights and claims for damages I may have against the ALBERTA WEIGHTLIFTING ASSOCIATION, the ATHABASCA WEIGHTLIFTING CLUB and their directors and volunteers, as well as the meet director and any sponsors of this contest, for any injuries I may suffer or may have suffered at the above advertised competition.

PARENT OR GUARDIAN MUST ALSO SIGN IF THE ATHLETE IS UNDER 18 YEARS OF AGE

SIGNATURE (athlete) _____ (guardian) _____

*****THIS CONTEST IS SUBJECT TO DRUG TESTING*****