

CWFHC & PROVINCIAL CALENDAR OF EVENTS 2009 - 2010

Sources : BCWA – AWA – MWA – SWA – OWA – FHQ – NFWA – NSWA – YWA

SDC: competition subject to doping control	VAAP: valid competition for Athletes Assistance Program (AAP – PAA)
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DATE	DESCRIPTION	SDC	LOCATION	VAAP	ORGANIZER
2009					
January 3					
January 10					
January 17	Canadian Junior Championships	X	Scarborough, ON		OWA
January 24					
January 31	A & R Memorial	X	Port Alberni, BC		BCWA
January 31	Hokkaido Cup Reclassification	X	Edmonton, AB		AWA
February 14	Ontario Winterlift	X	Toronto, ON		OWA
February 14	Coupe du Voyageur	X	Winnipeg, MB		MWA
February 21					
February 28					
Feb. 28 – March 3	Jeux du Québec (17 & under)		Blainville, QC		FHQ
March 5	Yukon Championships	X	Whitehorse, YT		YWA
March 7					
March 14					
March 21					
March 28	NL Senior Championships (Open)	X	St. John's, NL		NFWA
March 28	Ontario Senior Championships	X	Scarborough, ON		OWA
March 28	Western Canadian Championships	X	Regina, SK		SWA
March 28	Classique Haltérophile Québécoise	X	La Prairie, QC		FHQ
	END OF QUALIFICATION PERIOD FOR 2009 - CANADIAN SENIOR CHAMPIONSHIPS				
April 4	BC Junior Championships		Surrey, BC		
April 4	OWA Scholastic WI Championships		North Bay, ON		OWA
April 4	Alberta Cup		Edmonton, AB		AWA
April 11					BCWA
April 18	Quebec High Schools Champ. (18 & -)		Brossard, QC		FHQ
April 18	Apollo Club Meet 2009	X	Stirling, ON		OWA
April 25					
May 2	42 nd Young Louis-Cyr Tourn. (16 & -)		Sherbrooke, QC		FHQ
May 9	BC High School Championships		Kelowna, BC		BCWA
May 15	CWFHC Annual General Meeting		Kelowna, BC		BCWA
May 16-17	Canadian Senior Championships	X	Kelowna, BC	X	BCWA
May 19-24	1 st Youth World Championships	X	Chiang Mai, THA		IWF
May 23	AWA Annual General Meeting		Red Deer, AB		AWA
May 30	Tork Reclassification Meet	X	Calgary, AB		AWA
June 4 – 7	Pan-American Championships	X	Chicago, USA	X	USWF
June 6	FHQ Annual General Meeting		Montréal, QC		FHQ
June 12 – 21	Junior World Championships	X	Bucharest, ROU	X	IWF
June 13					
June 20	Canadian Master Weightlifting		Montréal, QC		
June 27 – 28	37 th Annual Sea Festival	X	Surrey, BC		BCWA
June 27	Yukon Club Open		TBD, YT		YWA
July 4	Variety Village Open		Scarborough, ON		OWA
July 11					
July 18					
July 25					
August 1					
August 8					
August 15					
August 22	5 th Annual Ogopogo & Western Trial for Senior World Champ.		Lake Country, BC		BCWA
August 22	Eastern Trial for Senior World Championships	X	La Prairie, QC		FHQ
August 22	Blue Mountain Open	X	Collingwood, ON		OWA
August 29					
September 5					

September 12					
September 19					
September 26					
BEGINNING OF QUALIFICATION PERIOD FOR 2010 - CANADIAN SENIOR CHAMPIONSHIPS					
October 3					
October 10	Yukon Open		TBD, YT		YWA
October 10-18	World Master Championships		Sydney, AUS		
October 17	12 th Annual Junior Doug Hepburn		TBD, BC		
October 17	Ray Hamilton Classic		North Bay, ON		OWA
October 24					
October 31	Quebec Senior Championships	X	Ste-Anne-des-Monts, QC	X	FHQ
November 7	Ontario Open		Mississauga, ON		OWA
November 14					
November 17 – 29	Senior World Championships & Olympic Qualification Event	X	Goyang, KOR	X	IWF
November 21	BC Senior Championships		TBD, BC		BCWA
November 21	NL Junior Championships (Open)		St. John's, NF		NFWA
November 21	Manitoba Open		Winnipeg, MB		MWA
November 28	Quebec Junior Championships		Pointe-aux-Trembles, QC		FHQ
December 5	Ontario Junior		North Bay, ON		OWA
December 12					
December 19	Comp. Qualification Québécoise	X	St-Hyacinthe, QC	X	FHQ
December 26					

DATE	DESCRIPTION	SDC	LOCATION	VAAP	ORGANIZER
2010					
January 2					
January 9					
January 16	Manitoba Senior Championships		Grotto, MB		MWA
January 23	Canadian Junior Championships	X	Lachute, QC		FHQ
January 30					
February 6	Yukon Championships		TBD, YT		YWA
February 13	A & R Memorial		Port Alberni, BC		BCWA
February 13	Ontario Winterlift		Sarnia, ON		OWA
February 20	5 th Championships Juvenile Quebec		La Prairie, QC		FHQ
February 27	La Coupe du Voyageur / Manitoba Junior Championships		Winnipeg, MB		MWA
March 6	Ontario Winter Games		Barrie, ON		OWA
March 13					
March 20	2 nd Annual BC Masters		TBD, BC		BCWA
March 27	NL Senior Championships		Corner Brook, NL		NFWA
March 27	Western Canadian Championships		Winnipeg, MB		MWA
March 27	Ontario Senior Championships		Scarborough, ON		OWA
March 27	Classique Haltérophile Québécoise	X	Sherbrooke, QC		FHQ
END OF QUALIFICATION PERIOD FOR 2010 - CANADIAN SENIOR CHAMPIONSHIPS					
April 3					
April 10	BC Junior Championships		TBD, BC		BCWA
April 17	Quebec High Schools Championships (18 & under)		Brossard, QC		FHQ
April 20 – 25	Pan-American Youth Championships – Qual. for YOG		Chiclayo, PER		PWF
April 24					
May 1	Young Louis-Cyr tourn. (16 & -)		Lachute, QC		FHQ
May 8					
May 15	BC High School Championships		TBD, BC		BCWA
May 21	CWFHC Annual General Meeting		St-Hyacinthe, QC		FHQ
May 22-23	Canadian Senior Championships	X	St-Hyacinthe, QC		FHQ
May 29					
June	Junior World Championships	X	Plovdiv, BUL		IWF
June 5					
June 12					
June 19					
June 26					

July 3 (1 – 5)	2 nd World University Champ. FISU	X	Taichung, TPE		IWF
July 10					
July 17					
July 24					
July 31					
August 7					
August 14					
August 14 – 26	1 st Youth Olympic Games	X	Singapore, SIN		IWF
August 21					
August 28					
September 4					
September 11					
September 18					
September 18 – 30	Senior World Championships & Olympic Qualification Event	X	Antalya, TUR		IWF
September 25					
October 2					
October 3 – 14	XIXth Commonwealth Games	X	Delhi, IND		IWF
October 9					
October 16					
October 23					
October 30	Quebec Senior Championship		TBD, QC		FHQ
November 6					
November 13					
November 20					
November 27	Quebec Junior Championship		TBD, QC		FHQ
December 4					
December 11					
December 18	Comp. Qualification Québécoise		TBD, QC		FHQ
December 25					

The Provincial Associations must comply with the requirements to confirm the validity of these events like sending the CWFHC form “REGISTRATION FOR ANTI-DOPING CONTROL” in proper delay and sending the results in a period of two (2) weeks after the competition. The organizer / provincial association who will not respect these basic requirements may have its event declared non-valid.

All provinces hold an Annual General Meeting and a Senior Provincial Championships as required by CWFHC Constitution.

We also recommend having Junior Championships per season.

<p>MORE INFORMATION: WEB SITE International Weightlifting Federation (IWF): www.iwf.net International Olympic Committee (IOC): www.olympic.org International University Sports (FISU): www.fisu.net Pan-American Wl Federation: http://www.panamwf.org Sport Canada: www.pch.gc.ca/sportcanada Coaching Association of Canada: www.coach.ca Canadian Olympic Committee: www.olympic.ca/ Commonwealth Games Canada: http://www.commonwealthgames.ca/</p>
<p>2010 – XIXth Commonwealth Games : http://www.cwgdelhi2010.com/ 2010 - 1st Youth Olympic Games: www.singapore2010.sg 2011 - Pan-American Games: http://www.guadalajara2011.org.mx/ 2012 – Olympic Games: http://www.london2012.com/</p>
<p>WEB SITE OF PROVINCIAL ASSOCIATIONS Alberta Weightlifting Association: www.albertaweightlifting.com/ British Columbia Weightlifting Association : www.bcweightlifting.ca/ Manitoba Weightlifting Association: www.mbweightlifting.org/ Ontario Weightlifting Association: www.ontarioweightlifting.ca/ Saskatchewan Weightlifting Association: www.saskweights.ca Federation d'halterophilie du Quebec: www.fedhaltero.qc.ca Canadian Masters Committee: www.cdnmastersweightlifting.org</p>
<p>Canadian Weightlifting Federation - CWFHC www.canadianweightlifting.ca This calendar will be also available on this site – Calendar section</p>